

#### CORE DRUG ENDANGERED CHILDREN TRAINING PROGRAM

A COMMUNITY AWARENESS TRAINING

Presented by Lori Moriarty Peggy Scheuermann November 9<sup>th</sup>, 2010



# **Training Outline**

- History and Evolution of the DEC Movement
- Children at Risk
- Understanding and Responding to the Longterm Needs of Drug Endangered Children
- Collaborative Mindset as the Ideal Solution
- National DEC and State DEC Alliances
- Empowerment to Engage

#### History and Evolution of the DEC Movement

A Look Back

How the Movement Started The actions of **two women** launched the DEC movement

#### A Look Back



- Sue Webber-Brown, Butte County (CA) DA Investigator
  - Recognized the connection between child abuse cases and illicit drugs
  - Developed a DEC program in Butte County in 1993 with a new approach to rescuing these children that were living in dangerous drug environments
  - The approach involved forming DEC teams comprising personnel from the District Attorney's Office, Child Services, and Law Enforcement

# Kathey James

A&E Investigative Reports

#### A Look Back

- Kathey Lynn James:
  - December 26, 1995
  - Riverside, California
  - 3 children died in meth lab explosion
  - Sentenced in January 1997 to 45 years to life in prison 15 years for each murder count



#### A Look Back

- The DEC Team Model:
  - Included representatives from:
    - District Attorney's Office
    - Children's Services
    - Law Enforcement
  - Ensured:
    - Full investigation of child endangerment
    - Prosecution of all appropriate charges
    - Immediate intervention
    - Medical assistance
    - Appropriate placement

### A Look Forward

#### Moving From Teams to Social Change



- National DEC was formed in 2003 by state leaders to help provide leadership and coordination for the growing DEC movement
- National DEC's approach for addressing the needs of children in dangerous drug environments is unique. It promotes social change through proactive collaboration between systems

#### A Look Forward

#### Moving From Teams to Social Change



- Promoting social change through proactive collaboration:
  - The expertise of the National DEC Leaders Network informs practice in the field
  - Through the state DEC alliances, National DEC leverages resources and provides training and technical assistance to professionals in the field

# Moving From Teams to Social Change

- Benefits:
  - Does not rely on grant funding for sustainability
  - Does not rely on individual champions for sustainability
  - Builds broad community support
  - Makes DEC everyone's job function
  - Allows for comprehensive intervention to address the long-term needs of children

# CHILDREN AT RISK

www.nationaldec.org

Children at Risk

# 2.1 million children

in the United States live in homes where **a parent uses** illicit drugs

> SOURCE: Substance Abuse and Mental Health Services Administration, Office of Applied Studies, National Survey on Drug Use and Health, 2007.

# 9.2 million children

in the United States live in homes where **a parent or other adult uses** illicit drugs

> SOURCE: National Center on Addiction and Substance Abuse at Columbia University (CASA), 2005

Children at Risk

# More than **35 million individuals** used illicit drugs or abused prescription drugs in 2007

SOURCE: Substance Abuse and Mental Health Services Administration, Office of Applied Studies, National Survey on Drug Use and Health, 2007

#### Defining Drug Endangered Children (DEC)

The National Alliance for Drug Endangered Children defines drug endangered children as children who are at risk of suffering physical or emotional harm as a result of illegal drug use, possession, manufacturing, cultivation, or distribution.

They may also be children whose caretaker's substance misuse interferes with the caretaker's ability to parent and provide a safe and nurturing environment.

Children of parents with substance use disorders have a higher likelihood of developing substance use problems themselves

SOURCE: CSAT, 2005; Price & Simmel, 2002; Young, Gardner, & Dennis, 1998; CSAT, 2004

Children at Risk

Child abuse and neglect increase a person's risk of later substance use, and individuals with substance use disorders are more likely to abuse or neglect their children

SOURCE: CSAT, 2005; Price & Simmel, 2002; Young, Gardner, & Dennis, 1998; CSAT, 2004



- Children whose parents abuse alcohol or drugs are:
  - -3 times more likely to be verbally, physically or sexually abused
  - 4 times more likely than other children to be neglected

SOURCE: A Guide for Caring Adults Working with Young People Experiencing Addiction in the Family, CSAT, SAMHSA



Children + Drugs = RISK

#### Understanding Risk



Risk (n.): The chance of something going wrong; the danger that injury, damage or loss will occur.

-Encarta Dictionary of North America

#### Understanding Risk



- All drug endangered children are <u>at risk</u>
- How much risk and risk for what varies

#### Understanding Risk



- Prenatal Risks
- Postnatal Risks

### Prenatal Risks

The effects of prenatal drug exposure:

- Are difficult to isolate, owing to other variables such as poor prenatal care, poor nutrition, prematurity, and adverse postnatal environment
- Depend on the substance being used, frequency of use, duration of use and quantity



#### **Prenatal Risks**

- Long-term cognitive and behavioral risk factors for children prenatally exposed to drugs:
  - Low scores in mental development
  - Low scores in psychomotor index



#### **Prenatal Risks**

- Issues that may result from prenatal exposure to cocaine:
- Language difficulties
- Behavioral concerns
- Attention Deficit Hyperactivity Disorder (ADHD)
- Oppositional Defiant Disorder
- Risk of birth defects appear greater with more frequent use



#### **Prenatal Risks**

- Issues that may result from prenatal exposure to methamphetamine :
  - 3.5-fold increased risk of an infant being small for gestational age
  - Cognitive deficits
  - Long-term delays in development



#### **Prenatal Risks**

- Issues that may result from prenatal exposure to marijuana:
  - Fetal growth retardation
  - Increased risk of miscarriage
  - Prematurity
  - Developmental delay
  - Behavioral and learning disorders



#### **Prenatal Risks**

 Infants exposed to drugs in utero are more likely to be reported as abused or neglected (30.2%)

- Kienberger Jaudes P, Ekwo E. Association of Drug Abuse and Child Abuse



#### Postnatal Risks



- Risk of Physical Abuse
  - Erratic discipline
  - Increased irritability
  - Irrational rage

#### **Postnatal Risks**

#### • Risk of Neglect

- Lack of supervision
- · Lack of necessities
- Lack of safe and nurturing
   environment

#### **Postnatal Risks**



# • Risk of Exposure to Illegal Activities

- Property Crimes
- Drug dealing
- Drug transporting
- Kidnapping
- Home invasions

#### **Postnatal Risks**

• Other Risks

- Exposure to violence
   Domestic violence
  - Crime-related violence
- Overlay deaths
- Exposure and ingestion
- Sexual abuse
- Emotional Abuse









**Drug Recognition Experts:** 

7 Drug Categories

Drug Use

(1)Central Nervous System (CNS) Depressants

Category Includes
Synthetic Drugs

#### Drug Use

(1)Central Nervous System (CNS) Depressants

- Method(s) of Ingestion and Effects
  - Usually taken orally
  - -Onset varies from 1 minute to 1 hour
  - Duration varies from a half hour to a half day

(1)Central Nervous System (CNS) Depressants

- Problems They Cause
  - Impaired performance
  - Impaired thinking
  - Decreased REM sleep
  - Nausea
  - Seizures
  - Inability to take care of children



Drug Use

(2) Central Nervous System (CNS) Stimulants

Category Includes

The Jenny Rojas Story

(2) Central Nervous System (CNS) Stimulants

- Method(s) of Ingestion
  - -Oral ingestion
  - -Nasal ingestion
  - -Intravenous injection
  - -Smoked

#### Drug Use

(2) Central Nervous System (CNS) Stimulants

- Problems They Cause
  - Depression
  - Anxiety
  - Appearance of mental illness
  - Easily irritated
  - Aggressive
  - Inability to take care of children



#### Drug Use

(2) Central Nervous System (CNS) Stimulants

- Example:
- Katherine Nadal
- Houston, Texas
- Emasculated 5-week-old son while high on cocaine



### DEC CASE EXAMPLE GARFIELD COUNTY COLORADO

FEATURING: MEGAN ALSTATT CHILD ABUSE DETECTIVE

Drug Use

(3) Hallucinogens

Category Includes LSD, Ecstasy, Psilocybin Mushrooms

### Drug Use

- (3) Hallucinogens
- Method(s) of Ingestion and Effects
  - Most commonly ingested orally
  - Personal experiences vary more than any other drug class
  - Duration of high can last many hours

- (3) Hallucinogens
  - Problems They Cause
    - Harsh physical side effects
    - Brain damage
    - Bad "trips"
    - Flashbacks
    - Inability to take care of children



### Drug Use

#### (3) Hallucinogens

- Example:
- Donielle M. Maki
- West Bend, Wisconsin
- She passed out on couch
- 2-year-old daughter was eating LSD candy
- Police also found marijuana and Vicodin



### Drug Use

(4) Dissociative Anesthetics

Category Includes PCP and Its Analogs

- (4) Dissociative Anesthetics
- Method(s) of Ingestion and Effects
  - Can be taken orally, snorted, smoked, or injected
  - Onset of high between 15 to 30 minutes
  - Remains at peak levels for 4 to 6 hours
  - Metabolizes slowly and significant levels can remain in the body for several days

#### Drug Use

- (4) Dissociative Anesthetics
- Problems They Cause
  - Harsh physical side effects
  - Illogical or disorganized thinking
  - Unpredictable and violent behavior
  - Produces a state similar to psychosis
  - Inability to take care of children



#### Drug Use

#### (4) Dissociative Anesthetics

- Example:
- Angelo Mendoza
- Bakersfield, California
- Bit 4-year-old son's eye out
- Attacked his own legs with axe
- Had been arrested in 2006
  - Possession of PCP
     Hid drug container in baby wrappings



(5) Narcotic Analgesics

# Category Includes Opium, Heroin, Morphine, OxyContin

#### Drug Use

- (5) Narcotic Analgesics
- Method(s) of Ingestion and Effects
  - Can be swallowed, snorted, smoked, or injected depending on the type of narcotic
  - Two patterns of abuse
    - Street purchases and use
    - "Doctor shopping" prescription abuse
  - The high from most narcotics lasts from 2 to 6 hours

#### Drug Use

- (5) Narcotic Analgesics
- Problems They Cause
  - Danger of overdose
  - Malnutrition
  - Sleep deprivation
  - Anxiety, anger, tension, hostility
  - Inability to take care of children



#### (5) Narcotic Analgesics

- Example:
- Heroin-using couple
- Warminster, Pennsylvania
- 14-month-old baby
- 2<sup>nd</sup> degree burns from stove
- Broken hypodermic needle in the baby's buttocks
- Baby's hair was falling out from malnutrition



### Drug Use

(6) Inhalants

Breathable Substances with Mind-Altering effects

### Drug Use

#### (6) Inhalants

- Method(s) of Ingestion and Effects
  - All substances are inhaled through the nose or mouth
  - Produces a high that lasts 2 to 5 minutes
  - Deeper delirious high comes from continuous use
  - Effects usually fade between 5 to 20 minutes
  - Most commonly a problem with kids themselves using (peak age abuse is 14 to 15 years, with onset occurring in those as young as 6 to 8 years)

- (6) Inhalants
- Problems They Cause
  - Injuries to the mouth, lungs, or trachea
  - Risk of asphyxiation and death
  - Serious damage to internal organs
  - Inability to take care of children



### Drug Use

(7) Cannabis

Scientific Name for

Marijuana

# MARIJUANA

FEATURING: ROBIN KAHUS RECOVERING METH ADDICT SALT LAKE CITY, UT

#### (7) Cannabis

- Example:
- Matthew Allender (Father)
- Thornton, Colorado
- 2-year-old has injury on face
- Father is a daily marijuana user
- Father angry when the child jumped on dad's guitar



## Drug Use

#### (7) Cannabis

- Example:
- Marijuana-using dad and friends
- West Virginia
- Infant and 2-year-old child in bath
   Later noticed the water flowing down the hallway into the kitchen
- 8-month-old was found dead face down under water in full bathtub



# True Stories

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#### **Drug Distribution**

- Example:
- Sofia Morales & Alberto Solis

- Dallas, Texas

- 5-month-old baby found alone in a vehicle under a pile of clothes in a car seat
- The baby was motionless, covered in blisters, sores and bandages



### **Drug Distribution**

- Example:
- Cole Puffinburger
- Las Vegas, Nevada
- Abducted during a home invasion
- Cole's grandfather owed significant drug money to Mexican nationals
- Police believe methamphetamine was involved and characterized the illicit operation as a multimillion-dollar Mexican drug ring











#### Questions to Ponder

- When do we take action to protect children?
- Do we consider illicit drug activity alone justification to intervene?
- Do we wait until additional maltreatment circumstances arise?
- What if we wait too long?

Understanding and Responding to the Long-term Needs of Drug Endangered Children

# our Goal:

# Happy & Safe Children 100%

#### How do we get to 100%?

- Understand the long-term needs of drug endangered children
- Implement appropriate and effective intervention strategies

# Understanding the Long-Term Needs of DEC

- Children growing up in drug environments:
  - Are denied the fundamental developmental experiences required to self-regulate, relate, communicate and think
  - Experience neglect, daily chaos, a lack of safety, poor communication, violence, and disorganization

# Understanding the Long-Term Needs of DEC

- Consequently, some children growing up in drug environments may experience:
  - Emotional problems
  - Behavioral problems
  - Cognitive problems

# Understanding the Long-Term Needs of DEC

- Some Examples of Emotional Problems
  - -Attachment Disorders
  - Post Traumatic Stress Disorder
  - -Anxiety
  - Depression
  - Complex Emotions

# Understanding the Long-Term Needs of DEC

- Some Examples of Behavioral Problems
  - -Interpersonal Problems
  - Inappropriate Sexual Behaviors
  - Low Threshold for Stimulation
  - Eating Disorders

# Understanding the Long-Term Needs of DEC

- Some Examples of Cognitive Problems
  - Difficulty talking and listening
  - Difficulty paying attention
  - Difficulty remembering
  - Trouble reading, especially learning to move from left to right
  - Often do not learn from mistakes or experiences
  - Trouble picking up on social cues

The Importance of Intervention



The Importance of Intervention

Moving children from

# **RISK** to **RESILIENCY**

The Importance of Intervention

The earlier the intervention, the more efficient and effective the outcome

BUT ... research and clinical trends *also* support the potential for change throughout life

The Importance of Intervention

In other words...

It is never too early to intervene...

AND

It is never too late to intervene!

The Importance of Intervention

We ALL have an intervention and prevention role to play

The Importance of Intervention

• DEC efforts are collaborative



Collaborative Mindset as the Ideal Solution



Traditionally, DEC response models have focused primarily on crisis intervention

**Collaborative Mindset** 

True multidisciplinary collaboration engages the community and engenders broad social change



No single entity can effectively or efficiently address the DEC dilemma on its own, especially over the long term

#### **Collaborative Mindset**

Instead, the expertise and resources of multiple professionals, agencies, and communities combine to improve interventions for children and families

### **Collaborative Mindset**

COLLABORATION:

The exchange of information, altering of activities, sharing of resources, and **enhancement of the capacity of another for the mutual benefit of all** and to achieve a common purpose.

Chris Huxham, Creating Collaborative Advantage

• What we know already:

Collaboration is challenging

• What we may not know:

WHY collaboration is challenging

### **Collaborative Mindset**

WHY collaboration is challenging:

- Competing goals
- Relationship issues
- Control issues
- Differing values
- Helplessness
- Un-channeled passion/energy

### **Collaborative Mindset**

- Law Enforcement
  - Evidence collection
  - Arrests
  - Criminal prosecution
- Child Protective Services
  - Child risk assessment
  - Safety plans
  - Reunification or termination







- The Five Stages of Group Development
  - Forming
  - Storming
  - Norming
  - Performing
  - Adjourning or Transforming

Developed by Bruce Tuckman (1965)

Collaborative Mindset			
	Knowledge is Hidden	Knowledge Creation	
Trust Unknown	Forming	Performing	Synergy
Distrust	Storming	Norming	Collaboration
	Knowledge Hoarding	Knowledge Sharing	_



A collaborative strategy requires a deep awareness of what each system has to offer and is willing to share

# Collaboration

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By collaborating, we increase the likelihood of success for the good of children and families

# **Collaborative Mindset**

- Positive change through collaboration
  - -Starts with the individual
  - -Impacts the organization
  - Inspires whole communities
  - Results in social change

- Collaboration in Practice
  - Organization
  - Communication
  - Shared Purpose, Mission, Vision, and Goals
  - Trust
  - Policy Support
  - Leadership Support



### **Collaborative Mindset**

- Benefits:
  - Does not rely on grant funding for sustainability
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  - Builds broad community support
  - Makes DEC everyone's job function
  - Allows for comprehensive intervention to address the long-term needs of children



#### National DEC and State DEC Alliances

#### Introduction

Being part of the DEC movement:

- Makes you part of the larger solution
- Connects you to other professionals working on the same challenges
- Helps you advocate more effectively on behalf of children and families

#### National DEC

Formed in 2003 by passionate state leaders and incorporated in 2006 as a charitable nonprofit to help make a difference in the lives of drug endangered children



#### National DEC

- What is National DEC?
  - State Alliances
  - DEC Leader Network
  - Training & Resource Center
  - National Conference

#### How National DEC Supports You

- Access to the National Training & Resource Center
- Technical assistance for capacity-building and developing more responsive state systems
- Development and sharing of best practices to help drug endangered children
- Periodic updates on emerging research issues in the field
- Monthly community-focused and practitioner-based webinars

National DEC + State DEC Alliances = Collaborative Partnership

- Shared vision and mission with National DEC
- Demonstrated willingness to work alongside National DEC and the other state alliances to address the problem
- Participation in working groups and National DEC leadership network





How (insert your state) DEC Alliance Supports You

• Insert two or three slides about how your state DEC alliance supports local DEC efforts HERE (highlight the efforts taking place in your state, including pilot projects, best practices, training and technical assistance, etc.)

Empowerment to Engage

#### Changing the Status Quo

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

-Margaret Mead

# Changing the Status Quo Candice Lightner, MADD Founder Sept 1980: MADD incorporates Sept 1980: MADD grows to 11 chapters Hod of 1980: MADD grows to 10 chapters; participates in drunk driving commission at President Reagan's request 1983: 129 new anti-drunk driving laws passed 1984: Uniform drinking age raised to 21; MADD grows to 330 chapters in 47 states 2000: Congress makes. 08 BAC the national illegal limit for impaired driving TODAY: More than 300,000 lives saved and more than 50,000 victims served

### Changing the Status Quo

- John Walsh, Missing Children Advocate
  - 1981: Adam Walsh Child Resource Center founded
  - 1982: Missing Children Act passed
  - 1984: Missing Children's Assistance Act
  - passed - 1984: National Center for Missing and
  - Exploited Children founded - 2006: Adam Walsh Child Protection and
  - Safety Act passed
  - TODAY: The recovery rate for missing children has gone from 62% to 96%



Changing the Status Quo

"Only those who dare to fail greatly can ever achieve greatly."

-Robert F. Kennedy

Changing the Status Quo

# Changing our **attitudes** and **beliefs**







# Changing the Status Quo

- Common elements for change:
  - Recognition of an unacceptable situation
  - -Shared vision for a desired outcome
  - -Strong leadership
  - -Guided activities of many
  - Persistence!







**Believe** in the future and **create** the reality

Our Goal:

# Happy & Safe Children 100%

# HELP AND HOPE

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# **Thank You**