

Travis County Family Drug Treatment Court  
**PHASE ADVANCEMENT CHECKLIST**

**FROM FAMILY FOCUS PHASE (2) TO PHASE (3)**

(lasts approximately 90 days)

**EXPECTATIONS:**

- Follow all court orders and attend all drug court and CPS hearings
- Attend all appointments; not showing up for appointments and not calling ahead to make alternate plans can delay phase advancement
- Request phase advancement in writing
- Complete all pending consequences (for example: community service, essays) before you are eligible to advance

**RECOVERY**

- Attend drug court hearings **every other week**
- Submit clean drug and alcohol tests as requested **and** as indicated by the drug court call-in system
- Submit a clean hair follicle to advance
- Successfully engage in any recommended drug treatment and successfully complete intensive outpatient treatment (if recommended)
- Participate in at least one NA/AA/CA meeting for every day of the week that you are not attending treatment and begin participation in 90 meetings in 90 days following completion of intensive outpatient treatment (Note: a 12-step NA/AA/CA meeting, aftercare process group, alumni group at Austin Recovery, and the Beauty of Recovery are the only meetings that count for this requirement)
- Maintain a sponsor and meet with sponsor at least weekly
- Submit a written relapse prevention plan (attached)

**SELF SUFFICIENCY**

- Take the following steps to continue job search:
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- Take the following steps to obtain or maintain safe and stable housing:
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- Take the following steps to continue education/literacy:
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- Submit a detailed budget to the team to include monthly expenses and income (attached)
- Submit a plan for health care for yourself and your children (attached)
- Submit a plan for ongoing transportation (attached)

**HEALTHY FAMILY LIFE**

- Attend and engage in appropriate visitation with your child(ren), as applicable.
- Engage in parenting coaching sessions, as applicable
- Participate in individual therapy, as applicable
- Complete parenting and protective parenting classes and provide documentation to the drug court team
- Submit a completed Healthy Relationships plan (attached)
- Participate in a consultation with Planned Parenthood or a primary care physician regarding family planning