

Bringing Systems Together to Promote Family Recovery: In-Depth Technical Assistance (IDTA)

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Linda Carpenter, MEd
Christine S. Kiesel, Esq
Robert M. Long, LCPC, LADC, CGS
Cathleen Otero, MSW, MPA

4940 Irvine Blvd., Suite 202
Irvine, CA 92620
714-505-3525
nscacw@cffutures.org
www.nscacw.samhsa.gov

National Center on Substance Abuse and Child Welfare
Bringing Systems Together for Family Recovery, Safety, and Stability

Agenda

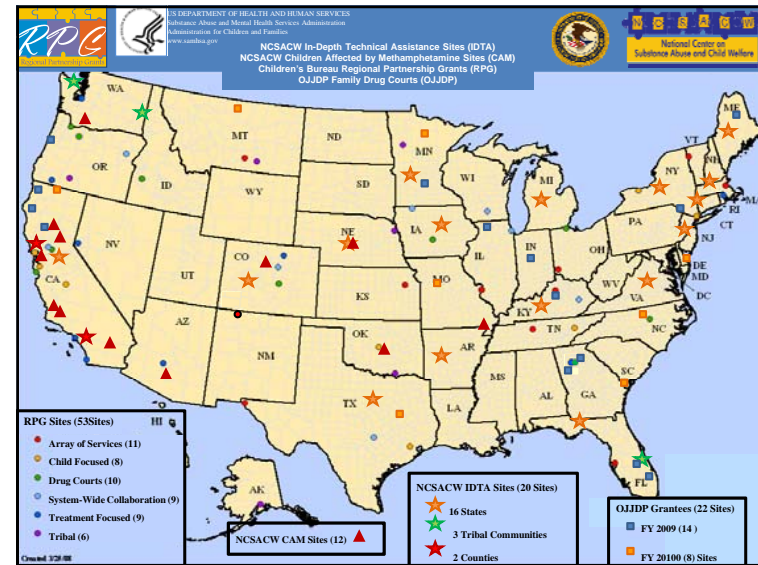
- In-Depth Technical Assistance (IDTA) Overview
- Lessons from the Field:
 - State of Maine: Department of Health and Human Services, Office of Child and Family Services, Office of Substance Abuse and the Maine State District Court
 - State of New York, New York Partnership for Family Recovery: Office of Alcoholism and Substance Abuse Services, Office of Children and Family Services and Office of Court Administration
- Discussion

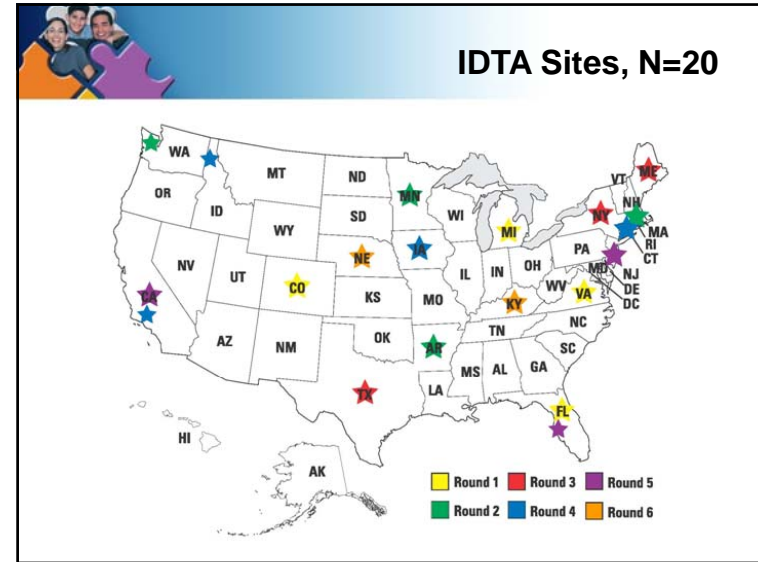
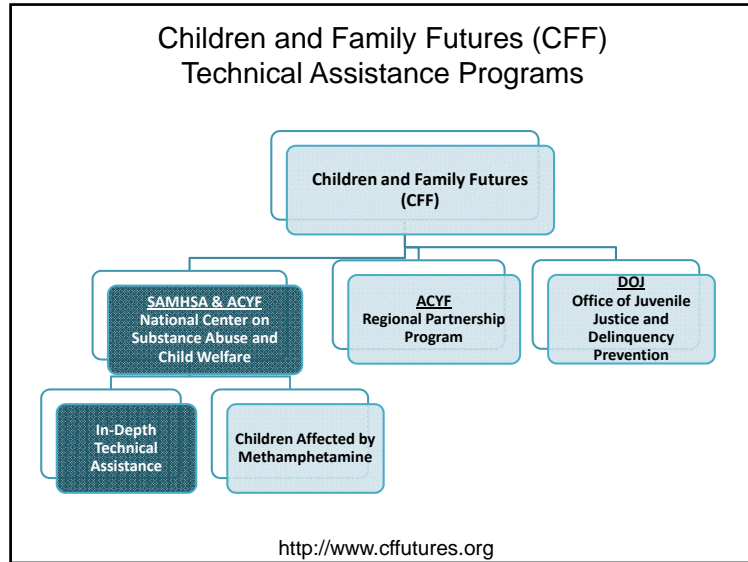
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In-Depth Technical Assistance Overview

Linda Carpenter

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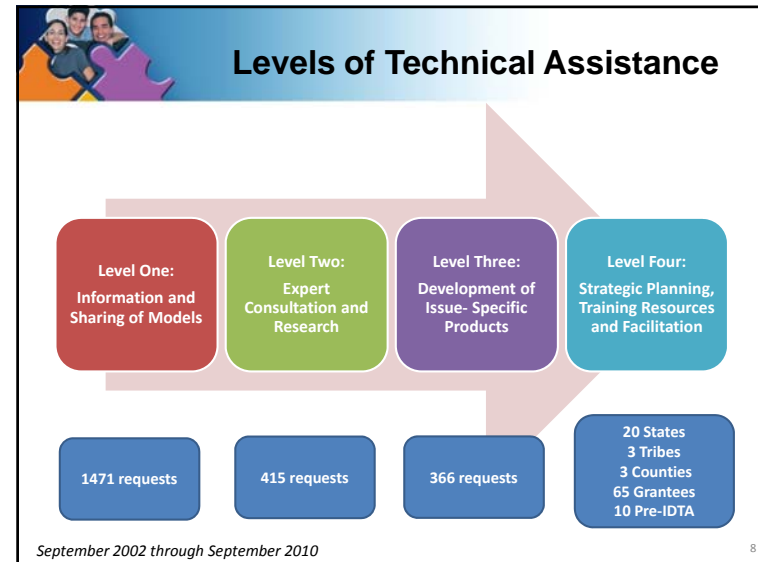
**Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Treatment**


and the

**Administration on Children, Youth and Families
Children's Bureau
Office on Child Abuse and Neglect**

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Administration for Children and Families
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Technical Assistance


Objectives

- To share knowledge across systems the three systems: substance abuse, child welfare, dependency court
- To promote understanding of cross systems issues and to advance cross-system collaboration
- To increase awareness and adoption of cross systems approaches
- To facilitate communication across systems
- To improve outcomes for children and adults



Types of TA Products



- Collaborative practice and policy tools
- Information and sharing of models
- Expert consultation and research
- Development of issue-specific products
 - Monographs, white papers, fact sheets
- Training resources and collaborative facilitation
 - On-line courses, training materials
- Longer-term strategic planning and development of protocols and practice models



IDTA Goal


To work with state, tribal, local child welfare, substance abuse, and dependency court professionals to improve outcomes for families that are affected by substance use disorders and involved in the child welfare system by:

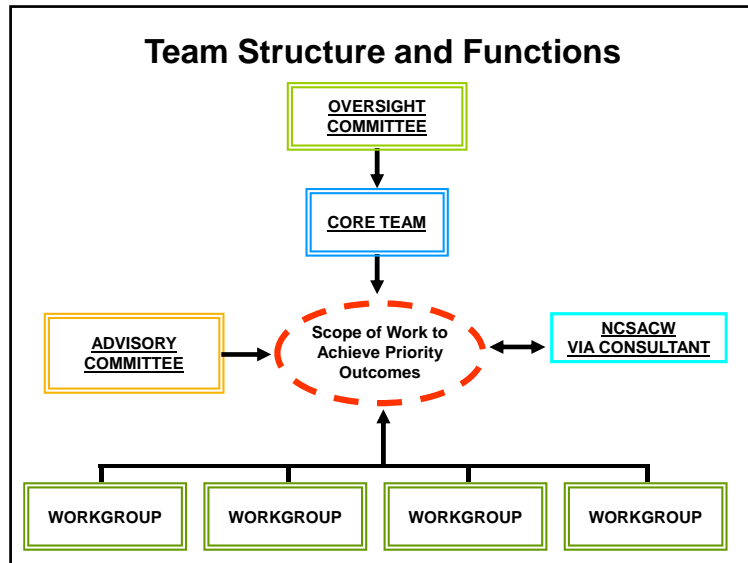
- Facilitating cross-system collaboration
- Developing effective policy, practice and organizational changes



What is IDTA?

IDTA is:	<ul style="list-style-type: none">• 18-month program facilitated by a Consultant Liaison (CL)• Application and acceptance process
IDTA can:	<ul style="list-style-type: none">• Set priorities for practice and policy changes• Use data to inform policy and practice changes• Identify expected outcomes and how they will be measured• Develop protocols and implementation plans





Collaborative Practice and Policy Tools

- Ten Element Framework – A method to organize collaborative activities in specific practice and policy areas
- Collaborative Values Inventory – An anonymous way to explore values and beliefs to facilitate the development of common principles using web-based data collection
- Collaborative Capacity Instrument – An anonymous way to assess the strengths and challenges in each of the areas of system linkages using web-based data collection
- Matrix of Progress in System Linkages – A practice-based approach that specifies characteristics of advance collaboration practice in the elements of system linkages

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Summary of Products Developed from IDTA

- Strategic Planning
- Interagency Agreements
- Cross-system Shared Values and Guiding Principles
- Communication Protocols
- Self-Assessment Tools
- Logic Models
- Evaluation Plans
- Best Practice Tool Kits and Compendiums
- Screening, Assessment and Collaborative Practice Protocols
- Multi-system Training Plans
- Project Marketing Materials

For sample products:
<http://www.ncsacw.samhsa.gov/technical/idta.aspx>

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Lessons from the Field: State of Maine

Robert M. Long


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State of Maine: Major Accomplishments

- Maine received an abbreviated version of IDTA in Round 3 which served to galvanize the Child Welfare/Substance Abuse Committee which has existed since 2001. Maine focused their activities around the primary outcome of increasing permanency for children in out-of-home placements. To that end, they developed the following products:
- [Universal screening protocol](#) (PDF - 131 KB) - By design, every family touched by the child welfare system will be screened for substance abuse, utilizing the same screening instrument and procedural guidelines.
- [The Screening and Assessment for Family Engagement in Recovery \(SAFER\) Initiative: Screening and Assessment for Family Engagement in Recovery, Memorandum of Understanding](#) (PDF - 177 KB)
- [The Screening and Assessment for Family Engagement in Recovery \(SAFER\) Initiative: Screening and Assessment for Family Engagement in Recovery, Statement of Shared Values](#) (PDF - 31 KB)
- [The Screening and Assessment for Family Engagement in Recovery \(SAFER\) Initiative: Screening and Assessment for Family Engagement in Recovery, Shared Outcome Statement](#) (PDF - 40 KB)

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State of Maine: Major Accomplishments

- Child Welfare Case Mapping - to assess the access, linkage, and communication opportunities in the first 30 days of the case, in order to improve identification and earlier access to assessment, engagement, and treatment enrollment.
- Family Treatment Drug Court -Contingency funding was secured to support existing FTDC activities, and a revised model was developed that combined the roles of Sacramento County's Early Intervention Specialist and the specialized case management functions of the Recovery Specialists in the STARS Program.
- [Strategic Plan](#) (PDF - 45 KB) - based on the 10-Element Framework, but tailored to the strengths of Maine's coalition, with actions and timeframes targeted to increasing permanency. Maine also utilized IDTA to plan for regional implementation of a Child Welfare Treatment Network, working with a regional child welfare and child mental health collaborative network established through the Future Search Program.

<http://www.ncsacw.samhsa.gov/technical/idta-maine.aspx>

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Lessons from the Field: State of Connecticut

SPEAKER




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State of Connecticut: Major Accomplishments

- Through their IDTA project, Connecticut committed to increase the understanding of the extent to which substance involved families in the child welfare system need and receive treatment, and how their treatment outcomes correspond to their child welfare permanency outcomes (i.e. whether parental rights are terminated, whether the child remains in long term foster care, or whether the child is reunified with the birth parent). In conjunction with improved understanding, Connecticut identified specific targeted actions to improve the efficiency and effectiveness of their child welfare, substance abuse and court systems.
- **Connecticut's primary goals:**
- Develop a recovery specialist/coaching model for child welfare families who have lost custody of their children due to child abuse/neglect where substance abuse is a primary issue.
- Develop a comprehensive contracting specifications package to implement a Connecticut pilot version of the Sacramento STARS model and an identified funding mechanism.
- Develop an MOU for information sharing across all 3 systems (DCF, DMHAS and the Judicial Branch) for the Connecticut pilot as well as other standardized tools for information sharing (e.g., release forms).

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State of Connecticut: Major Accomplishments

- Develop a specific cross system training plan and a quarterly training calendar for recovery specialist/coaches and other relevant staff from the three systems who will work with the Connecticut pilot(s).
- **The major product goals and level of accomplishment include:**
 - Memorandum of Agreement
 - Engagement of the Judicial Branch, Attorney General and Private bar
 - Implementing a new service model in 3 sites
 - Team leadership meets monthly and continues
 - System cross training
 - Joint funding of a Process Evaluation


<http://www.ncsacw.samhsa.gov/technical/idta-connecticut.aspx>

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Lessons from the Field: State of New York

Christine S. Kiesel




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State of New York: Major Accomplishments

- New York's Partnership for Families in Recovery used the IDTA to focus on developing tools to assist local jurisdictions to broaden collaborative, family-centered practice to improve outcomes for families at the intersection of child welfare, substance abuse, and the courts. The IDTA process in New York yielded a set of collaborative practice guidance tools targeted to various organizational levels within the three lead systems, including:
 - [Executive Summary](#) (PDF - 115 KB)- directed to Commissioners and high-level policy makers.
 - [New York Gearing Up to Improve Outcomes for Families: A Collaborative Practice Guide for Managers and Supervisors in Child Welfare, Chemical Dependency Services, and Court Systems](#) - for mid-level managers that provides more in-depth background to support the recommended practice approach.
 - System-specific, two-sided laminate cards - for quick reference use by front-line staff in each of the three lead systems in their daily practice with families.
 - [Practice Guide for Child Welfare Professionals](#) (PDF - 130 KB)
 - [Practice Guide for Family Courts Professionals](#) (PDF - 83 KB)
 - [Practice Guide for Chemical Dependency Services Professionals](#) (PDF - 52 KB)

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State of New York: Major Accomplishments

- [Multi-System Training Framework](#) (PDF - 170 KB) - to support cross-system collaboration and knowledge dissemination, with particular emphasis on the practices promoted in the collaborative practice guide.
- Summary of Strategic Recommendations - to support ongoing planning, implementation and sustainability.
- New York's team also conducted four regional focus groups comprised of youth and parents representing the project's priority population. These focus groups yielded a rich supply of feedback for the lead systems that informed not only the development of the collaborative practice guide and corresponding training framework, but also supported the shared values developed by the team and underscored the importance of the project's overall mission.
 - [New York Partnership for Family Recovery, Focus Group Summary](#) (PDF - 150 KB)

<http://www.ncsacw.samhsa.gov/technical/idta-new-york.aspx>


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Closing

Linda Carpenter






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How do I access technical assistance?

- Visit the NCSACW website for resources and products at <http://ncsacw.samhsa.gov>
- Email us at ncsacw@cffutures.org
- Call us: 1-866-493-2758




Contact Information

<p>Linda Carpenter Program Director Children and Family Futures, National Center on Substance Abuse and Child Welfare, In-Depth Technical Assistance Phone: 1 (866) 493-2758 E-mail: lcarpenter@cffutures.org</p>	<p>Cathleen Otero Deputy Project Director Children and Family Futures, National Center on Substance Abuse and Child Welfare Phone: 1 (866) 493-2758 E-mail: cotero@cffutures.org</p>
<p>Robert M. Long Administrator Access, Substance Abuse, and Outcome Management, Services Kennebec Behavioral Health</p>	<p>Christine S. Kiesel Assistant Coordinator New York State Office of Court Administration, Child Welfare Court Improvement Project</p>

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Questions and Discussion

