

Family-Centered Treatment

Tamar Village:
Comprehensive Re-Entry Services for Women and Their Families

SHIELDS for Families

SHIELDS is a non-profit agency serving the Compton and Watts communities of South Los Angeles. We provide 32 programs, act as the lead agency in 5 collaboratives and a partner in 4, with over 60 partnerships with agencies serving this community. We currently have approximately 320 employees and an annual budget of \$24 million, involving over 50 contracts from multiple sources. SHIELDS programs are offered in multiple sites in the community, including 20 school locations.

SHIELDS for Families

SHIELDS provides programs in multiple sites, including:

- 9 Substance Abuse Programs
- 11 Mental Health Programs
- Community Assessment Center
- 3 Youth Programs
- 5 Child Development Programs
- Family Preservation
- Family Support
- Prevention Initiative
- Vocational Services Center
- Re-Entry Training Center
- Adoption Support
- Federal Healthy Start Program
- Partnership for Families
- Legal Services
- 126 Units of Low-Income Housing
- Transportation
- Food Bank

Family-Centered Treatment Tamar Village



Tamar Village Family-Centered Treatment





Tamar Village

Funded through the Administration for Children and Families' (ACF) Regional Partnership Grants in 2007, the Tamar Village program provides a collaborative model that joins substance abuse treatment, child welfare and the justice system to provide comprehensive care for women who are re-entering the community and their families. Services include: counseling, child development, vocational services, mental health, medical care, family support and family reunification.





Tamar Village

Static capacity for the program is 30 families with an average of 25 moms and 65 children and significant others attending services on-site. Annually, approximately 50 women and 110 children and family members are served with an average length of stay of 12-18 months.

Upon admission, all Tamar Village mothers are re-entering the community from jail or prison and have an open Child Welfare case.





Tamar Village

Family Centered Treatment is provided in four phases and is offered five days a week (Monday thru Friday) from 8:30 a.m. to 5:00 p.m. Families live on site in apartments and are allowed to remain in housing one year post completion in order to transition back to the community.

Child Welfare staff are co-located at the program site and work in partnership with treatment to reunify families.






Tamar Village



Approximately 50% of the families served to date have been Latino and 44% African American.

The primary drug of choice is methamphetamines, followed by cocaine and marijuana. Close to 85% of participants have co-occurring disorders and all have experienced trauma related to physical and/or sexual abuse. Because of incarceration, most mothers are facing the loss of parental rights when they enter treatment.




Tamar Village



Completion rates have remained at 60% or higher since the program was implemented.

Family reunification rates have averaged 60% since implementation – an accomplishment given that all clients have children in out-of-home care at admission due to incarceration.

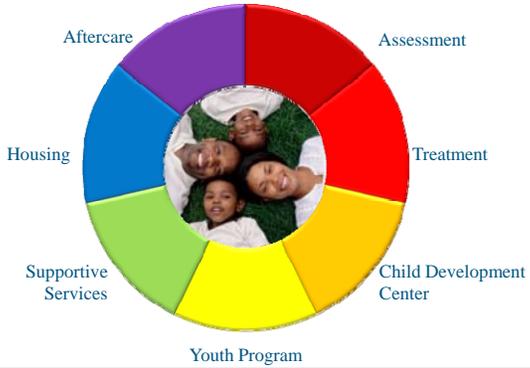


Family-Centered Treatment Program Components





Components of Tamar Village Family Centered Treatment



- Aftercare
- Assessment
- Treatment
- Child Development Center
- Youth Program
- Supportive Services
- Housing

Family-Centered Treatment
Tamar Village Assessment




Assessment



Initiating the Treatment Process:

Partnership with the Criminal Justice System has allowed staff to initiate assessment while women are incarcerated.

This has enabled engagement prior to admission as well as early release for many women.




Family-Centered Treatment
Tamar Village Treatment




Treatment



- Orientation
- The Treatment Schedule
- Phases of Treatment
- Length of Treatment
- Regulations and UAs






Treatment



The Assessment Process:

- Psychosocial Assessment
- Medical Assessment
- TSI
- BDI
- PSI and SIPA
- Cognistat




Treatment



Services for Families:

- Family Services Plan
- Family Reunification Plan
- Multidisciplinary Case Conferences




Treatment



Services Provided

- Case management
- Individual Counseling
- Family Counseling
- Group Counseling
- Mental Health Services
- Therapeutic Groups
- Educational Groups




Treatment



Services Provided (Cont'd)

- Parenting
- Significant Other Groups
- Educational and Vocational
- Life Skills
- Relapse Prevention
- Family Reunification
- Client Council



Family-Centered Treatment
Tamar Village:
The Child Development Center




Child Development Center



SECTION I: CHAPTER 5

CHILD DEVELOPMENT CENTER



Child Development Center

DEVELOPMENTAL ASSESSMENTS

Denver II

- Children 0-6
- Screening for performance on age appropriate tasks in four developmental domains

Ages and Stages

- Children 3 months – 5
- Screening for performance in five developmental domains
- Parents involved in Screening




Child Development Center

SERVICES/STRATEGIES

Children: Ages 0 – 5

- Individual Education Plans
- Developmental Activities (ECEs)
- Linkage to Specialized Services, Health Care and other Needs
- Therapeutic Nursery
- Child Development and Parenting Education
- In-home and Individual Parenting Education
- Supervised Early Intervention




Family-Centered Treatment
Tamar Village: Youth Program
Heros & Sheros




Youth Program:
Heros & Sheros



HEROS AND SHEROS




Youth Program:
Heros & Sheros



The Assessment Process

- Academic: STAR
- Mental Health Assessment
- Rosenberg Self Esteem Scale
- School Sentiment Index
- Self Appraisal Inventory
- Racial Identity Scale
- ATOD Awareness Scale
- Social Skills Inventory




Youth Program:
Heros & Sheros



SERVICES/STRATEGIES
Children: Ages 6 -18

Individual Domain

- Alcohol and Drug Education
- Problem Solving
- Decision Making/Goal Setting
- Communication Skills
- Self-Esteem Building
- Cultural Enrichment Activities
- Gender Based Activities
- Alternative Activities
- Case Management
- Individual Counseling
- Mental Health Services






Youth Program: Heros & Sheros




SERVICES/STRATEGIES
Children: Ages 6 -18

Family Domain

- Parenting Education
- Parent/Youth Interaction
- Communication Skills
- Family Counseling
- Family Reunification

School Domain

- Tutoring
- Computer Lab
- Academic Enrichment
- Parent/School Involvement
- Program/School Involvement



Youth Program: Heros & Sheros




SERVICES/STRATEGIES
Children: Ages 6 -18

Peer Domain

- Group Counseling
- Youth Advisory Council
- Leadership Training
- Alternative Activities

Community Domain

- Mentoring
- Community Service

Family-Centered Treatment Tamar Village: Support services






Support Services



EDUCATIONAL SERVICES

- Educational Requirements
- Assessment: TABE

Educational Services

- Basic Skills
- High School Diploma
- Computer Training
- Individual Tutoring



Support Services

VOCATIONAL SERVICES

Vocational Requirements

Vocational Services

- Job Readiness
- Job Placement
- Job Club
- Certification Programs
- College Assistance

Support Services

LEGAL SERVICES

- Critical Legal Needs

Legal Services

- Expungement Clinics
- Guardianship Clinics
- Homeless Court
- Immigration Clinics
- Public Benefits Clinics

Support Services

TRANSPORTATION AND FOOD SERVICES

Transportation
Outside Appointments and Activities

Lunch and Snacks
Family Responsibility in the Process

Family-Centered Treatment

Tamar Village: Housing



Housing



ESTABLISHING INDEPENDENCE
Lease Agreement

- Utility Bills
- Rules and Regulations
- T & D Services
- Transitioning Out




Housing



Family-Centered Treatment

Tamar Village: Aftercare






Aftercare



LIFETIME AFTERCARE
Services

- Support Groups
- Case Management
- Individual Counseling
- Crisis Intervention
- Alumni Association



Family-Centered Treatment
Tamar Village:
 Issues Specific to Justice Involved Individuals




Issues Specific to Justice Involved Individuals




Four primary categories of Issues:

1. **Culture**
2. **Disconnections**
3. **Multi-System Demands**
4. **Moving On**

While these issues impact all individuals with substance abuse disorders, there are unique factors in each of these areas that need to be addressed for this population.

Issues Specific to Justice Involved Individuals




1. CULTURE

Everyone who enters treatment brings their own individual cultures into the setting... as well as the “culture of addiction.”

Justice Involved Individuals also bring in the “Culture of Criminal Justice Involvement.”

Two key factors with this culture are:

1. Trust
2. Control

Issues Specific to Justice Involved Individuals




2. DISCONNECTIONS

Substance abusing individuals often have experienced separation from their families and friends as a consequence of their lifestyle. However, Justice Involved Individuals have tended to suffer more severe “disconnections”, as well as actual physical separation from their support systems. This can include being incarcerated in institutions far from their families and having restricted or “no touch” visitation regulations.

When the child welfare system is involved, it also can mean not being able to know where your children are located...and having no ability to find out.



Tamar Village: Making Connections




Issues Specific to Justice Involved Individuals



3. MULTI-SYSTEM DEMANDS

Individuals with substance abuse disorders are generally involved with multiple systems that place demands on them to accomplish specific activities. It is common to have involvement with child welfare and public social services with requirements to complete parenting or participate in welfare to work activities.

When an individual is involved with the Justice System, however, these multi-system demands often have more “lethal” consequences if they are not met...including returning to incarceration or losing basic privileges of visitation.



Issues Specific to Justice Involved Individuals



4. MOVING ON

Completing treatment and returning to the community is generally a difficult task. For Justice Involved Individuals this task is even more onerous – with your criminal history becoming a major impediment to “moving on.” These barriers include access to public assistance, low-income housing and employment. The inability to overcome these barriers can cause an individual to return to a criminal lifestyle...feeling as if there are no other options available to support themselves and their families.

Family-Centered Treatment Tamar Village: Resources






Resources



Fathers Successfully Returning Home Curriculum
National Fatherhood Initiative (NFI)
<http://www.aca.org/>
Author: Ken Gosnell

**Supportive Education for Children of Addicted Parents:
Children's Program Kit (with DVD)**
SAMHSA Website: Free of Charge

**A New Direction: Cognitive Behavioral Treatment
Curriculum/Criminal and Addictive Thinking**
Hazelden

**SAMHSA TIP 30: Continuity of Offender Treatment From
Substance Abuse Disorders from Institution to Community**
SAMHSA Website: Free of charge





SHIELDS
for families

believing, building, becoming

The End

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