

Assessing Children from Methamphetamine Homes: Process, Documentation & Preliminary Findings

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Objectives

1. Describe key components to an effective nursing response to children removed from methamphetamine homes
2. Provide information on how to identify appropriate evidence collection & documentation
3. Demonstrate the value of forensic observational data for understanding the well-being & needs of children removed from methamphetamine homes



How it works here



Two exam locations

HILLCREST MEDICAL CENTER

CHILDREN'S JUSTICE CENTER



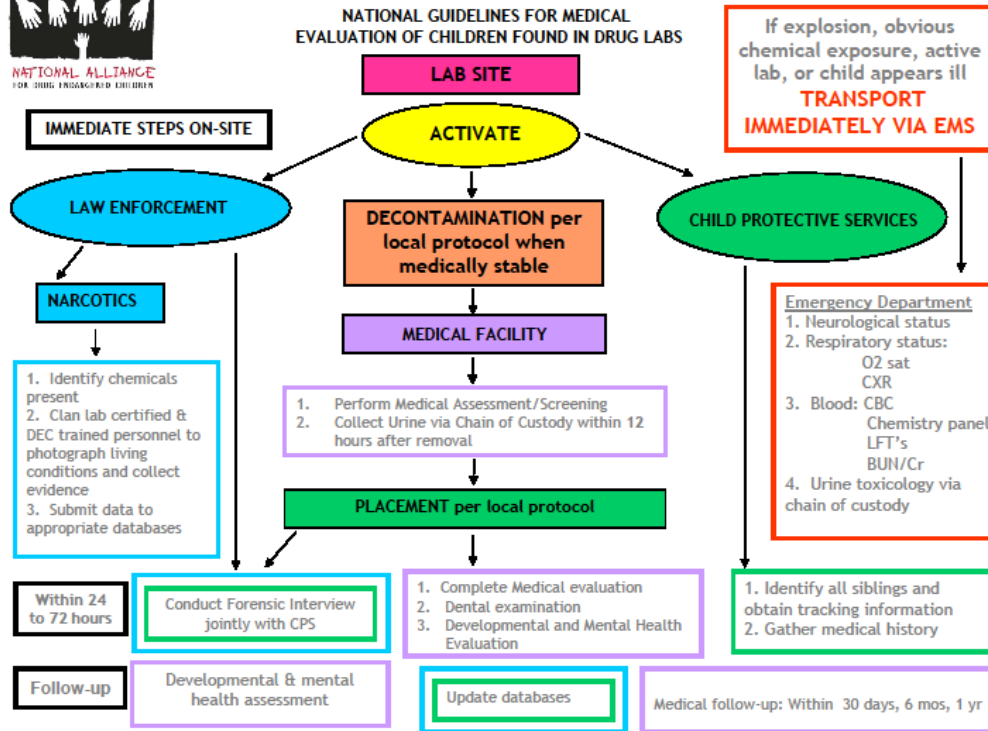
Decontamination Issues

- Transport via EMS to ED if: Fire, explosion, or if child appears ill
- Otherwise:
 - Decontaminate per local protocol



NATIONAL ALLIANCE
FOR DRUG ENDEANGERO CHILDREN

NATIONAL GUIDELINES FOR MEDICAL
EVALUATION OF CHILDREN FOUND IN DRUG LABS





PERSONNEL DECONTAMINATION
Decontamination of the children should occur prior to transport to the medical facility as medically appropriate. Basic life support takes precedence over decontamination. Removal of clothing, cleansing of the skin and hair and new clothes are the minimum requirements of decontamination.
DO NOT USE WIPES!

LAW ENFORCEMENT

Immediate

1. Document the quantity and types of chemicals present and document how found (e.g., uncapped, in tin cans), so that the exposure of the child can be determined. Document the condition of the home. Document odors and state of lab (actively cooking, deaunting stage, drying stage, etc.) Document the people at the scene and those who also reside in the home. Share this information with medical facility.
2. Personnel on scene should be both clean lab and DEC certified in order to be able to accurately collect, document, and photograph the scene to aid in the child endangerment prosecution (e.g., height of chemicals, location of drugs, general state of children, guns, pornography).
3. Collect and submit all the required data to appropriate databases.
4. Transport child as per local DEC protocol in conjunction with CPS.

Within 24 to 72 hours

1. Children need to be interviewed by personnel trained in the forensically correct method for children. Coordinate this process with CPS.

Follow-up

1. Update databases as needed.



NATIONAL ALLIANCE
FOR DRUG ENDEANGERED CHILDREN

NATIONAL GUIDELINE FOR MEDICAL EVALUATION OF CHILDREN FOUND IN DRUG LABS

MEDICAL PERSONNEL

Symptomatic - Immediate

1. Head to toe exam of the children within 2 to 4 hours to ensure medical stability and document any acute findings that might need treatment or change over time. This may occur in an ED, physician's office or by EMTs on scene. This should include but not be limited to a good pulmonary exam, skin exam, neurologic exam, and affect (soared, happy, detached). May include observations by EMTs, RN on scene, or other personnel to document the affect of the children.
2. Collect urine for toxicology. This should happen as soon as possible but must occur within 12 hours for optimal results. Submit to a lab that screens and reports for the level of detection of the test, not just at NIDA standards. Chain of Evidence forms may be utilized or usual medical protocols for urine toxicology screens may be followed.
3. Blood tests. Can be done acutely or within 24 to 72 hours: a CBC (anemia, cancers, thrombocytopenias), Chemistry Panel to include BUN/Cr and LFT's (kidney and liver damage, electrolyte imbalances), Hepatitis B and C panels.

Asymptomatic - Within 24 to 72 hours

1. A complete medical evaluation.
2. If seen within 12 hours, collect urine for toxicology
3. Blood tests as above
4. Developmental evaluation using an age-appropriate standardized tool.
4. Mental health evaluation.
5. Dental evaluation.

Follow-Up

1. Repeat medical evaluation in 30 days, 6 mos & 1 year
2. Follow up developmental evaluations as needed based on the initial evaluations.
3. Follow up mental health interventions and assessments as needed.

EMERGENCY ACTIVATION

Transport immediately to the ED by emergency personnel if there is an explosion, active chemicals at the scene or the child appears ill i.e. fast breathing, obvious burns, lethargy or somnolence.

CHILD PROTECTIVE SERVICES

Immediate

1. Assist law enforcement in the collection and documentation of the scene from the child's perspective. Decide who will photograph scene.
2. Transport child as needed to facility as designated in your local DEC protocols.
3. Placement of children in a safe environment as per local protocol.

Within 24 to 72 hours

1. There may have been other children in the family or home who were not present at the time of the seizure. All children who have lived in the home will need to be examined and their information collected for tracking.
2. The medical histories of the children need to be investigated and documented.

Follow-up

1. Input all the gathered information into a database as determined by the local, state and national protocols.

EMERGENCY DEPARTMENT

1. Complete medical evaluation to assess acute medical needs.
2. Specific attention to the pulmonary exam as the chemicals can cause acute respiratory problems. RRs, O2 saturation and a CXR in the symptomatic child are the minimum required.
3. Blood tests as needed in addition to a CBC, Chemistry Panel to include BUN/Cr and LFTS.
4. Collect urine for toxicology. This should happen as soon as possible but must occur within 12 hours for optimal results. This should be submitted to a lab that screens and reports for the level of detection of the test, not just at NIDA standards. Chain of Evidence forms may be utilized or usual medical protocols for urine toxicology screens may be followed.



Medical Evaluation Protocol

- Child must be medically evaluated preferably within 2 but for sure within 4 hours of removal from lab site.
- Multi-disciplinary response is best
- Law enforcement, CPS to ensure safe placement of child.

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TABLE 3

Reported signs and symptoms of methamphetamine exposure via ingestion in children

System Findings

CNS: mental status

Irritability24,25,27
Agitation23Q25
Inconsolable crying24
Hyperactivity23
Inconsolable25

CNS: movement

Ataxia24
Constant movement25
Seizure24
Flailing movements of head, neck and extremities25
Involuntary side-to-side head turning27

Ocular

Roving eye movements24
Cortical blindness27

Peripheral nervous system

Hyperthermia24
Tachycardia24,25
Hypertension25

Gastrointestinal

Vomiting20,24

Respiratory

Respiratory distress20,23

Musculoskeletal

Rhabdomyolysis24

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JOURNAL OF EMERGENCY
NURSING 33:1 February 2007



Child Abuse

- Physical
- Emotional
- Sexual



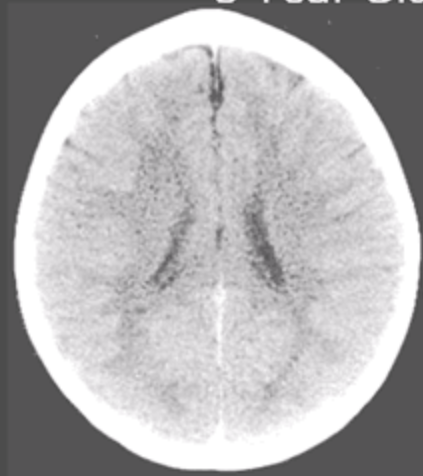
Child Neglect:

Omission in care that results in actual or potential harm to the child .

- Physical
- Educational
- Emotional
- Medical

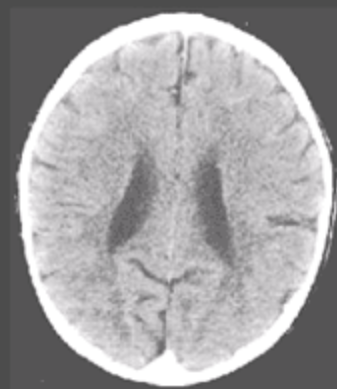


3-Year-Old Children



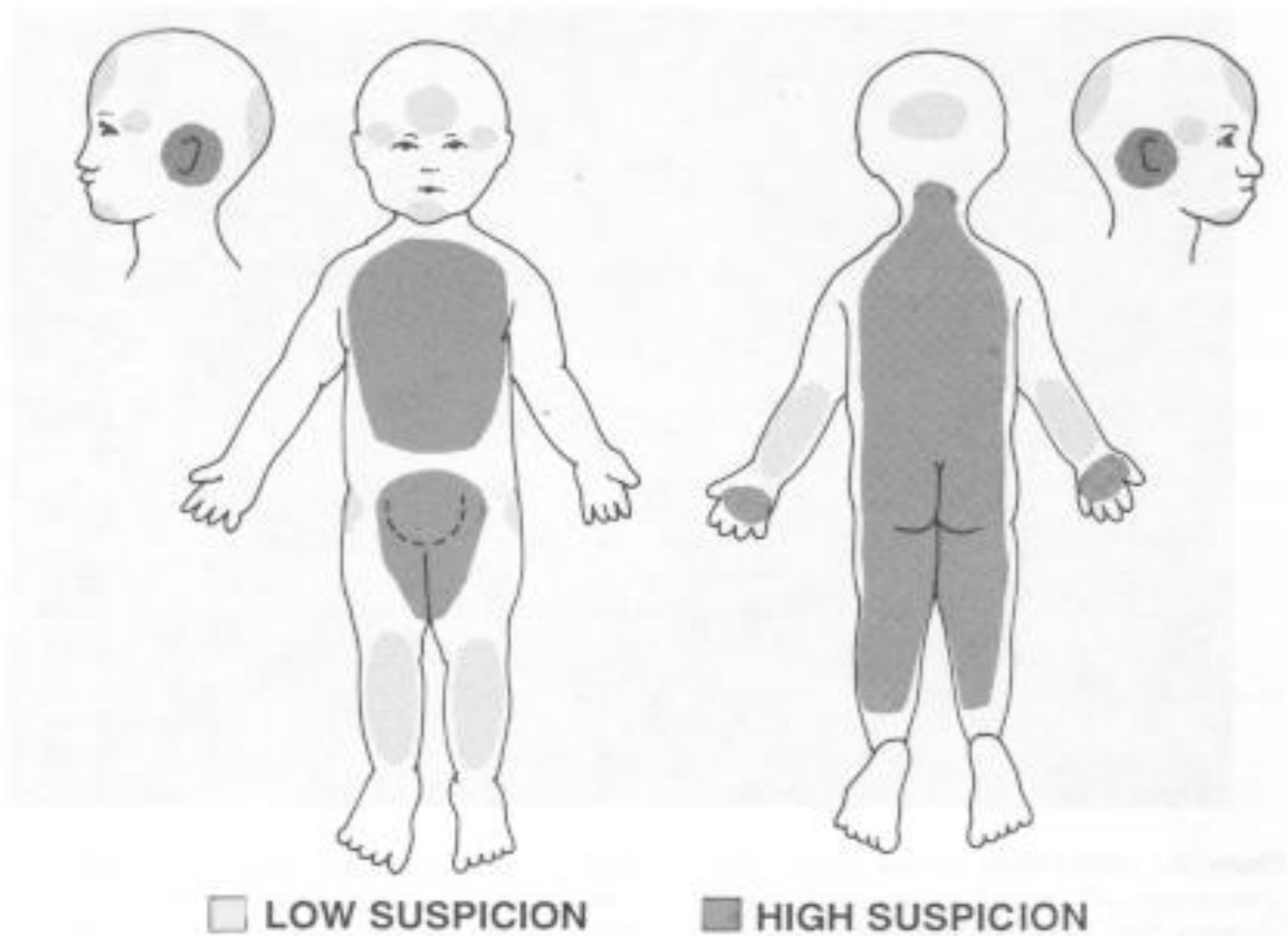
Normal

ChildTrauma Academy



Extreme Neglect

1997 Bruce D. Perry, M.D., Ph.D.



belt buckle



belt



looped cord



stick/whip



flyswatter



coat hanger



board or spatula



hand/knuckles



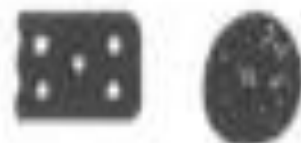
bite



saucepan



paddles



hairbrush

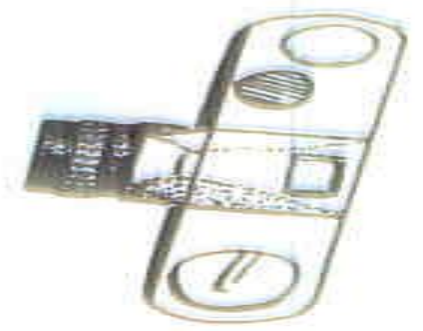
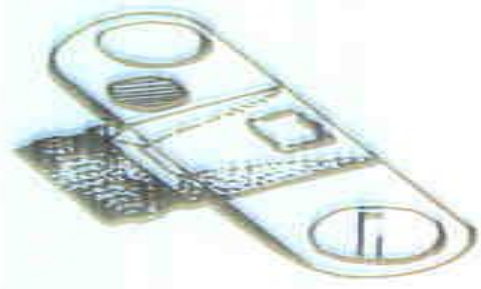
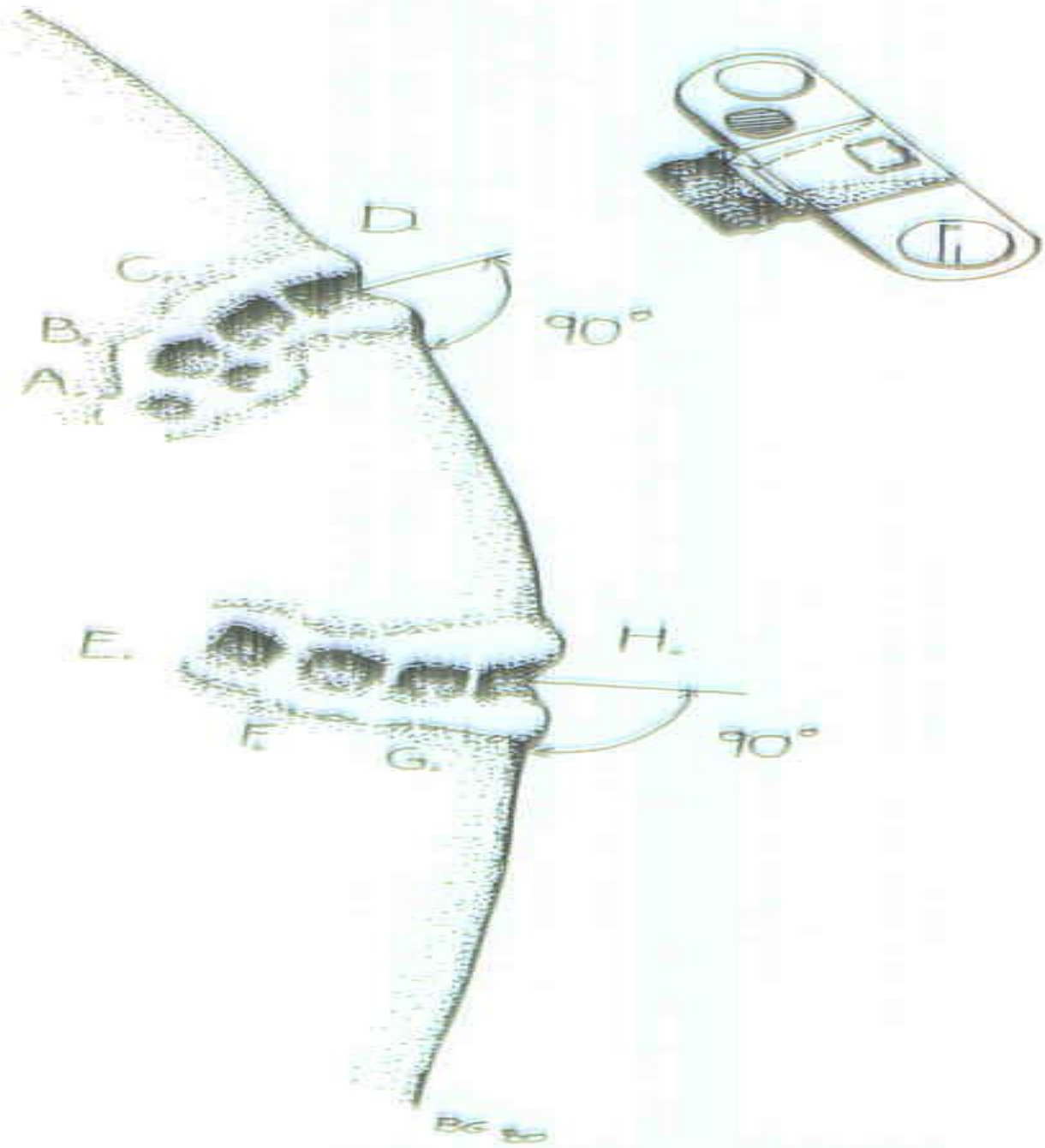


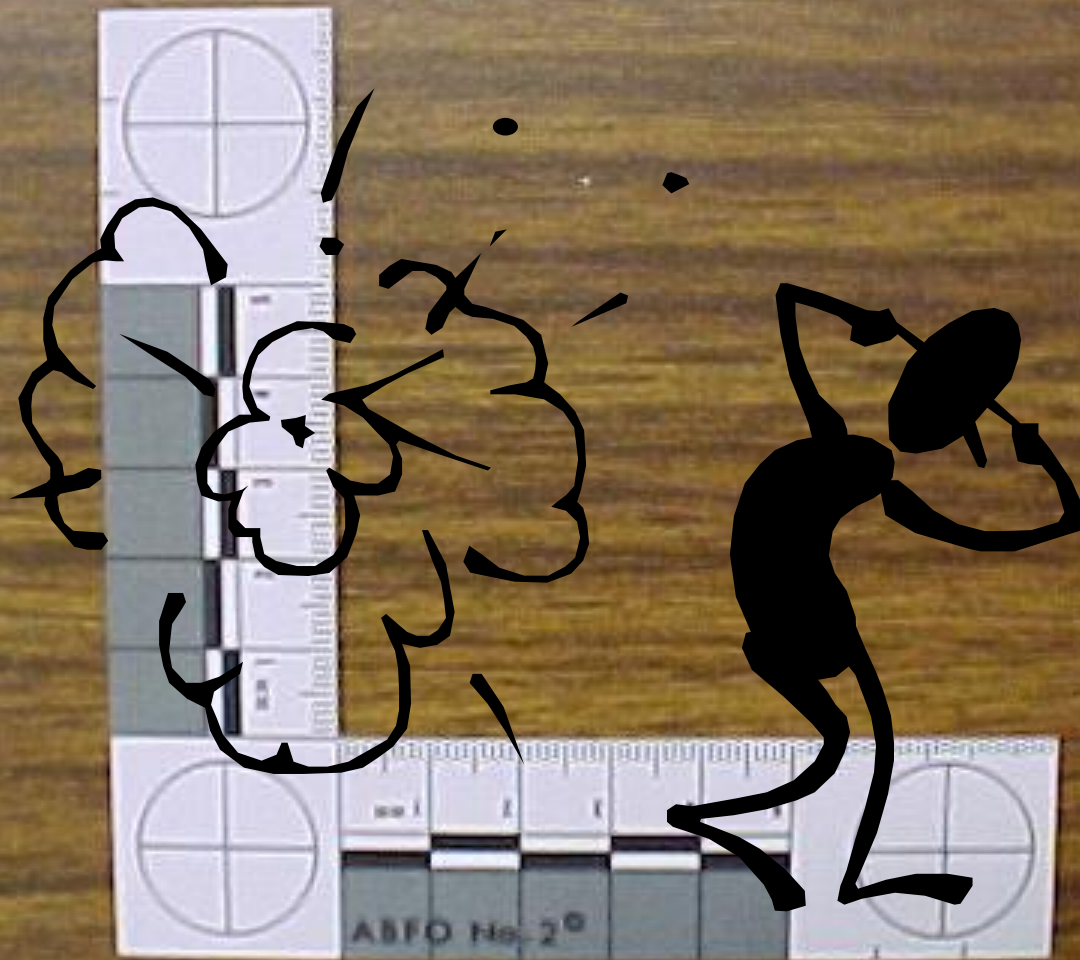
spoon



Figure 12.4. Marks From Instruments

SOURCE: Johnson (1990). Reprinted by permission of W. B. Saunders.





NO SCALE = NO CASE



General Observations

- Hungry
- Filthy
- Indiscriminate attachment
- Dental cavities
- Inadequate clothing



Symptomatic – Immediate

1. Head to toe exam of the children within 2 to 4 hours to ensure medical stability and document any acute findings that might need treatment or change over time. This may occur in an ED, physician's office or by EMTs on scene. This should include but not be limited to a good pulmonary exam, skin exam, neurologic exam, and affect (scared, happy, detached). May include observations by EMTs, RN on scene, or other personnel to document the affect of the children.

DRUG EXPOSURE EXAMINATION

AUTHORIZATION FOR EXAMINATION REQUESTED BY LAW ENFORCEMENT

I have reason to believe that there is preliminary evidence that the child to be examined has been exposed to chemicals and/or drugs related to the manufacture of methamphetamine. I hereby request a forensic examination for the purpose of medical treatment and evidence of drug exposure. This child is in my protective custody.

Signature of Officer:	Date:	Child's Name:
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ATTENDING EXAMINER AND LAW ENFORCEMENT OFFICIAL

Signature of Examiner:	Date:	Signature of Officer:	Date:
Examiner's Name Printed:	Officer's Name Printed:	Law Enforcement Agency:	

GENERAL INFORMATION

Name of Child:					
Street Address:				Is this the location of exposure? <input type="checkbox"/> Yes <input type="checkbox"/> No	
City:	County:	State:	Zipcode:	Phone:	
Age:	Date of Birth:	Sex:	Race:	Examination: Date: Time:	Removed from Scene: Date: Time:

SIBLINGS:

PERSONS LIVING IN HOUSEHOLD:

Name:	Age:	Name:	Relationship:



Vital Signs

resp rate, temp, heart rate

TUL-9188 (Rev-2-03)					EXAM NUMBER: <u>960284</u>
PHYSICAL EXAMINATION				Name:	
HR:	RR:	TEMP: (if not oral indicate method taken)	HGT: (in inches)	WGT: (kg or lbs)	
HEENT:					
Heart:					
Lung Fields:					
Abdomen:					
Skin:					
Extremities:					
Neurologic:					
Genitalia:					
Development:					
BEHAVIORAL OBSERVATIONS: Check all exhibited by child during the exam.					
<input type="checkbox"/> Cooperative <input type="checkbox"/> Uncooperative <input type="checkbox"/> Tearful <input type="checkbox"/> Sobbing <input type="checkbox"/> Yelling <input type="checkbox"/> Loud <input type="checkbox"/> Quiet <input type="checkbox"/> Tense					
<input type="checkbox"/> Fidgeting <input type="checkbox"/> Trembling <input type="checkbox"/> Controlled <input type="checkbox"/> Agitated <input type="checkbox"/> Listless <input type="checkbox"/> Fearful <input type="checkbox"/> Overly compliant					
<input type="checkbox"/> Avoids eye contact <input type="checkbox"/> Other (describe):					
OTHER OBSERVATIONS: Check all that apply.					
<input type="checkbox"/> Hygiene, Nutrition and Clothing appear adequate <input type="checkbox"/> Hygiene inadequate <input type="checkbox"/> Nutrition appears inadequate					
<input type="checkbox"/> Clothing inadequate <input type="checkbox"/> Other (describe):					
If any area is inadequate, explain:					
ANCILLARY TESTS:					
Pulse Oximeter:		Finger:	Ear:	Other:	
DHS:					
DHS notified: <input type="checkbox"/> Yes <input type="checkbox"/> No		If not, why not?			
Report made to:			Time:		
OTHER COMMENTS:					

Height and Weight



TUL-9188 (Rev-2-03) EXAM NUMBER: 960284

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Report made to:				Time:	
OTHER COMMENTS:					

HEENT

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Heart:							
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Abdomen:							
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Neurologic:							
Genitalia:							
Development:							
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DHS:							
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Report made to:				Time:			
OTHER COMMENTS:							



Respiratory Abnormalities

- Abnormal respiratory rate:
- Highest RR 64/min: 3 month old sent to ED dx'd ARI (urine + pseudo) (unable to obtain O₂ sat)
- Abnormal oxygen saturation via pulse oximetry:
N=51 no child w/O₂ < 93%



Abdomen



Skin/Extremities



Genitalia



Sexual Abuse

- Increased libido
- Increased violence
- Pornography





6 year old stated he “needed his
privacy”

Neurologic/ Development/ Behavior

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Development assessment

- Gross motor
- Fine motor
- Language
- Personal-social interaction



Development related abuse/neglect risks

- Crying
- Eating
- Sleeping
- Toilet training
- Saying no
- Crawling, walking & running



Development

- Some children have been noted to indiscriminately attach with any adult figure or are indifferent.
- Trauma of being removed from their home may cause temporary regressions in development
- Development assessment should be repeated when the child has been in a stable environment for a while so that temporary delays have had an opportunity to resolve.



- 2 year old
 - Mine and no
- 3 year old
 - separation problems
 - cooperative
- 4 year old
 - uses language negatively
- 5 year old
 - last round of separation anxiety
- 6-7 year old
 - arrogant and flippant
 - moody and morose



Development

- N=140
- N= 38 = 27 % with developmental delay
- Speech/language most common delay identified

Penny Grant MD,
personal communication



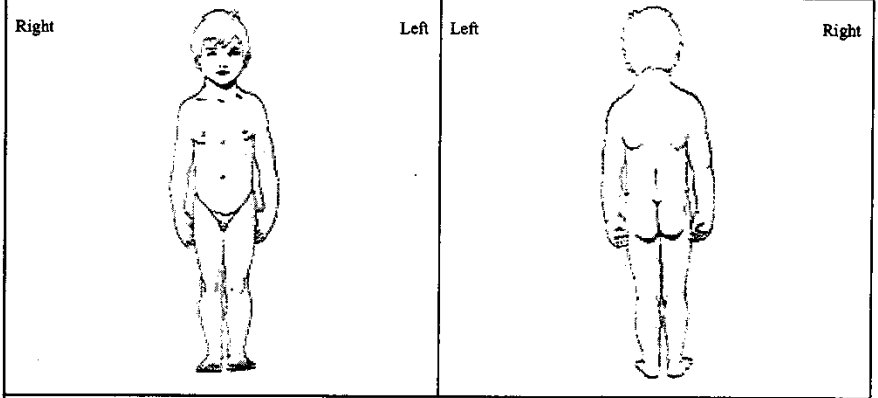
Behavior/Demeanor

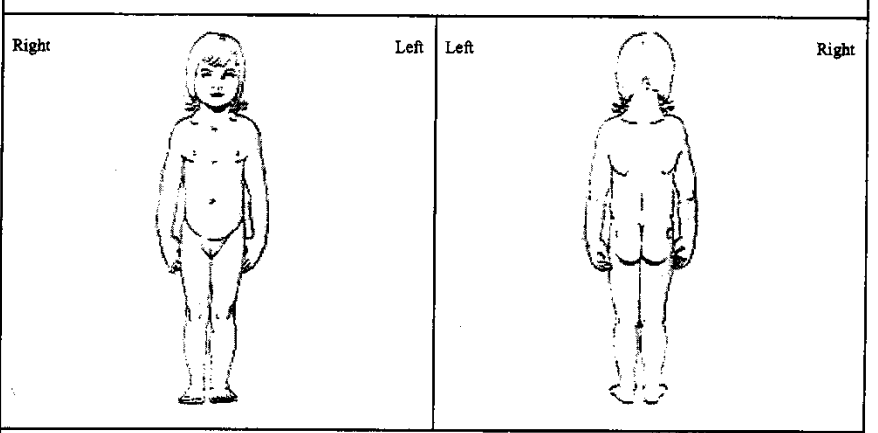
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Other Observations

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DHS notified: <input type="checkbox"/> Yes <input type="checkbox"/> No		If not, why not?			
Report made to:				Time:	
OTHER COMMENTS:					

DRUG EXPOSURE EXAMINATION: Child Name: _____







**“Film is cheap,
opportunities are few”**

Unknown



Photographs should have:

- Orientation shot
- Close up with scale
- Close up without scale





Medical Evaluation Protocol

- Urine for methamphetamines and other drugs of abuse (*toxicology screen) should be obtained as quickly as possible; clean catch or bag.
- Do Not Cath these Kids Unless medically indicated.
 - (Convenience is not a reason)



Medical Evaluation Protocol

- Notify lab that will be performing the assay to identify **ANY DETECTABLE LEVEL** of drug, not to use the industrial cutoff.
 - The result in a child should be 0.



3. Blood tests.

Can be done acutely or within 24 to 72 hours:

a CBC (anemia, cancers, thrombocytopenias), Chemistry Panel to include BUN/Cr and LFT's (kidney and liver damage, electrolyte imbalances), Hepatitis B and C panels.

Asymptomatic - Within 24 to 72 hours

- 1. A complete medical evaluation.**
- 2. If seen within 12 hours, collect urine for toxicology**
- 3. Blood tests as above**
- 4. Developmental evaluation using an age-appropriate standardized tool.**
- 5. Mental health evaluation.**
- 6. Dental evaluation.**

Follow-Up

- 1. Repeat medical evaluation in 30 days, 6 mos & 1 year**
- 2. Follow up developmental evaluations as needed based on the initial evaluations.**
- 3. Follow up mental health interventions and assessments as needed.**



Tricks of the trade

- Potty hats
- Cotton balls around the pedi bag.
- Force fluids
 - We will not cath these kids





Urine Toxicology Results

- 2000: N=21 no urine sent
- 2001: N=30: 21 samples sent: 40% + (1 pdg)
- 2002: N=50: 43 sent: 60% = 22/37 +
methamphetamine, 6 + psuedo &/or ephedrine
- Jan-June 2003: N=24; (4 pdg) 89% =17/19
meth+



Oklahoma Data

- Retrospective chart review: SAS
- Children < 13 years removed from active clandestine methamphetamine laboratories
- Total children in database: 140
- Blood normative data: Harriet Lane 16th ed
- Blood work performed 34 hours mean time after removal

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“Top ten” list of interviewing



Methamphetamine in Oklahoma: A Multi-method Study at UCO

OBNDD Lab
Lab Seizures

Oklahoma Law
Enforcement Survey

Former Methamphetamine
Manufacturers

Children Removed from
Dwellings – Meth Manufacturing



Dimensions of the Methamphetamine Problem



Use

Trafficking

**Clandestine
Manufacturing**



Methamphetamine-related Abuse, Neglect & Death

- 2011: 3 children die when trailer catches on fire
- 2012: 5-year old burned from father's shake & bake meth lab
- 2013: Shake & bake apparatus under mattress where 2-year old sleeping



Methamphetamine as unique {DEC}

- Use
 - Highly addictive central nervous system stimulant
 - Binges / Meth psychosis
- Clandestine Manufacturing
 - Toxic & highly volatile
 - Contamination & exposure
- Methamphetamine & manufacturing at forefront of DEC movement



Emerging Literature on Methamphetamine & Children

- Prenatal exposure (Grant, 2007; Altshuler & Cleverly-Thomas, 2011)
- Health & medical risks (Arria et al., 2006)
- Poor parenting (Messina, Marinella-Casey, West & Rawson, 2006)
- Physical/sexual abuse & neglect (Hopper, 2006; Pennar et al., 2012)



Health Risks Related to Exposure

Risks of Prenatal Exposure

- Physiologic abnormalities
- Neurological damage
- Low birth weight
- Cleft lip
- Increased fetal pressure
- Cardiac abnormalities
- Fetal growth reduction

Increased Risks

- Respiratory disease
- Kidney & liver disease
- Neurological damage
- Impairment to immune system
- Cancer



Little is known about children removed from meth homes

“Children removed from methamphetamine laboratories are a severely understudied population despite the widespread deprivation parental methamphetamine abuse has on children, particularly in homes where methamphetamine is produced”
(Pennar et al., 2012, p. 1777).

- Lack of reliable estimates of numbers exposed
- Limited comprehensive follow-up
- Short-term versus long-term effects



Present Research

- Collaborative exploratory research
 - Partially funded through UCO Regular Grant
 - Exempted IRB
- What indicators of abuse &/or neglect are evident among children removed from dwellings where manufacturing is occurring?
- What types of information can be gleaned from children's own perceptions of their situations?




Methodology

- **Data**

- Forensic observation reports (2001-2010)
- Children removed from dwellings where methamphetamine being manufactured

- **Preliminary Analysis**

- Software: Excel & SPSS
- Thematic analysis / Compare & contrast



Sample (N = 107)

Sex

- 60 Males
- 47 Females

Age

- Average = 6.5 years old
- 3 weeks to 16 years old

Ethnicity

- 77% Caucasian

Family

- 46% Sibling also in home
- 85% Living with mother



Physical Indicators: Neglect & Poor Health

- 71% some physical marking on body
- 27% inadequate hygiene
- 14% inadequate clothing
- 6% inadequate nutrition



“What happened that you came to see me?”

4 Themes

Neglect & Poor Health

Knowledge:
Drugs,
Manufacturing –
related
Activities &
Crime

Antisocial or
Delinquent
Behaviors

Exposure to
Trauma &
Violence



Increased Knowledge of Drugs & Crime

- Drug-related terminology
- Mention chemicals, needles &/or manufacturing-related activities in home (e.g., bad smell)
- Others using drugs
- Criminal activities



Antisocial & Delinquent Behavior

- Inappropriate behavior &/or language
- Admit to involvement in drugs themselves



Exposure to Trauma & Violence

- Chaotic & dangerous home environment
 - Activities in home
 - Other people in & around home
- Experiences during law enforcement encounters
- Witnessing parents &/or caregivers being handcuffed
 - Knowledge caregivers arrested &/or going to jail
 - Separation from caregivers



Limitations of Research

- Small sample size
- Single jurisdiction
- Observation at single point in time



Preliminary Conclusions

- Children provided a great deal of information about their home environment & experiences
- Special services may be required to meet the unique needs of these children
 - Risk for antisocial & delinquent behaviors
- Follow-up of children is essential & critical
- Benefits of academic-practitioner collaborations



Future Research

- Better understand the needs of these children
 - Identify short & long term impacts of exposure
- Assess needs & exposure more systematically
- How to limit potential harms to children present while maintaining public & first responder safety



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