

# Voices of the Children of Incarcerated Parents

*Presented by: Susan Magestro, Criminologist & Interventionist*

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- **Characteristics of Children of Incarcerated Parents:**
  - Overachievers verses Self-Fulfilling Prophecy
  - Child Takes On Adult Role
  - State of Constant Angst
  - Fear of Parent's Safety (Reality Television Shows)
  - Aging Grandparents
  - Struggling Single Parents
  - Visit or Not to Visit
  - Realities of A Visit
  - The Rage Within
  - Disenfranchised, Truncated Grief
  - Addiction & Trust Issues
  - Other Characteristics
  - Telephone Calls
  
- **Anger Wheel**
  
- **Strategies**

Susan Magestro Email:  
[sulamaestra@gmail.com](mailto:sulamaestra@gmail.com)  
Website:  
[www.susanmagestro.com](http://www.susanmagestro.com)  
Or phone:  
907-529-7151



