

National DEC Conference  
Orlando, Florida  
October 7, 2014

## Through a Child's Eyes: Understanding Addiction and Recovery

Jerry Moe, MA  
National Director of Children's Programs  
Betsy Ford Center

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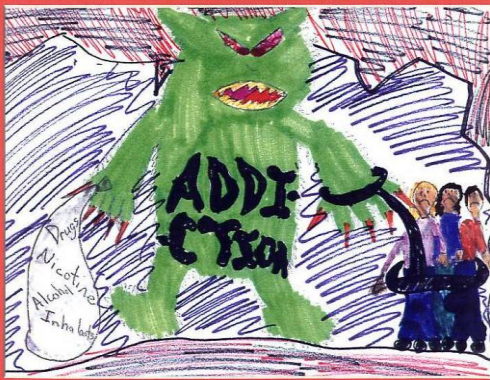
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Mom and Dad stop fighting



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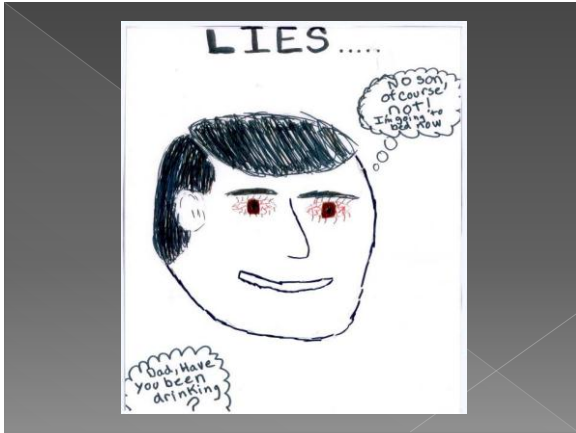
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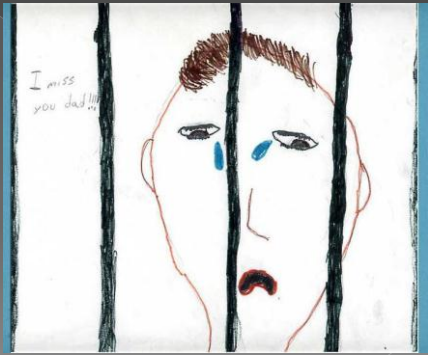
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## Addiction

### A Family Disease

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## The Multi-Generational Cycle

Where Does it Stop?

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## Children at Risk

- ◉Addiction
- ◉Child Abuse
- ◉Criminal Subculture

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## No Safe Haven Study

“They are the most vulnerable and endangered individuals in America.”

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## Children of Promise

Prevention works

Early Intervention works

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## Resilience

Successful Adaptation  
Despite Risk

Draw upon inner strengths, skills  
and supports to prevent  
adversity from derailing one's  
life.

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## Learning About Addiction

- ◉ Not Your Fault
- ◉ Not to Blame
- ◉ At Risk

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## Opening Doors

- Breaking the Family Laws
- Getting It Out
- Validation

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# Family Laws of Addiction

- Don't Talk
- Don't Trust
- Don't Feel

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## Self-Care

- ◉ Safe People Map
- ◉ Body, Mind, Feelings, Spirit, Kid
- ◉ Safety

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## Celebration

- ◉ Finding the Buried Treasure
- ◉ Beauty and Worth
- ◉ Gifts

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Please contact me if you'd like a copy of  
this PowerPoint.

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